

District 28 Newsletter

May 2024

District 28 Business Meeting

May 11, 2024 8:30 am

Freeborn Lutheran Church
2416 300th St NW
Stanwood, WA 98292



District 28 Trusted servants

Tom I	DR, GR
DeanT	Newsletter, GR
Adria V.	GR
Lisa K.	GR
Lorraina G.	GR
Ali A.	Website, Sec'y
Deborah A	GR
Mary M.	Teleservice, GR
Amy T.	P.O., GR
Rhonda G	Treasurer
Corky W.	Literature, Alateen Coord
Jane R.	GR
Larry G.	Institutions
Craig	Schedules
OPEN	Archives
OPEN	Events Coord.
OPEN	Alt DR

2024 Washington Area Event Schedule

PRE_CON: April 5-6

ASTAR: April 12-14

SSA: May 17-19

WAAC: July 5-7

AWSC: August 3

FALL ASSEMBLY: October 4

**Courage to
Change/KISS
Potluck Speaker
Meeting – May 5,
2024 5:30pm at 141
NE Camano Drive**



Step 5

**“Admitted to God, to ourselves, and to
another human being the exact nature of
our wrongs.”**

Links!

<https://district28alanon.com/>

<https://wa-al-anon.org/>

<https://al-anon.org/>

Note for our District Meeting

If anyone has a hard copy of our district guidelines, can they please bring it to the district meeting on Saturday April, 20?

From Regan, our newsletter chair:

Hi All! My first name is Regan, and I will be going by that name from now on. Dean is still fine to use, but you'll now see me referred to as Regan.

If there is anything you, as Al-Anon members, want included in the newsletter, please don't hesitate to contact me at

d28newsletter.dean@gmail.com

Tradition 5

“Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.”

NEW MOBILE APP

QR Code:



\$ Service Contribution Information \$

<https://al-anon.org/contributions/member/>

Concept 5

“The rights of appeal and petition protect minorities and insure that they be heard.”

Please Notice This



The first 4 people to volunteer to help at SSA will each receive \$50.00 from our district to help offset registration fees.

May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	1	2	3	4
5	6	7	8 Alpine Speakers	9	10	11 District 28 Business Mtg. 8:30AM
12	13	14	15	16	17—18 Summer Seminar Assembly Warm Beach Conf. Cnter	
19 SSA last day	20	21	22	23	24	25
26	27	28	29	30		

Group Notices

May 8 Alpine speakers needed
9 am & 5:45 pm
(Contact Larry 435-218-4757)

Serenity Station 6 pm
Tuesday night traditions
workshop
Zoom # 86122480883
Password 6180464

Al-Anon & Alateen
360-618-0464