

# District 28 Newsletter

# October 2026

## District 28

### Business Meeting

**October 24, 2026**

**8:30 am**

**Freeborn Lutheran  
Church**

**2304 300th St NW  
Stanwood, WA 98292**

#### Hybrid Zoom meeting.

Meeting ID: 861 2248 0883

PW: 6180464

*The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.*

**NOTE: THIS IS A LATER  
MEETING DATE THAN USUAL.**

### Al-Anon Service Opportunities

*If you're called to do service at the district level, positions are open. Contact any of the trusted servants to find out more.*

#### Ongoing openings:

- Alternate DR
- Newsletter
- Teleservice
- Secretary
- Website
- Schedules

### WASHINGTON AREA 2026 FALL ASSEMBLY OCTOBER 2-4

Medallion Inn and Suites  
16710 Smokey Point Blvd  
Arlington, WA 98223

*(Call (360) 657-0500 to reserve  
group rate with code: ASSEMBLY)*

### District 28 Trusted servants

|            |                           |
|------------|---------------------------|
| Ali A.     | Website, Secretary        |
| Brinnie R. | GR                        |
| Corky W    | Events                    |
| Craig      | Schedules                 |
| Kathy      | GR                        |
| Jane R.    | GR, Teleservice (interim) |
| Marcia     | DR, GR                    |
| Penny      | Alateen Safety Coord      |
| Regan T    | Newsletter                |
| Rhonda     | GR                        |
| Adria      | Treasurer                 |
| Don        | Institutions              |
| Laura      | Archives                  |
| Julie      | Public Outreach           |

### Al-Anon Facts

**Q:** What is the name of Bill and Lois Wilson's home and foundation?

**A:** Stepping Stones of New York

### Speaker Meeting/Potluck

**KISS AA &**

**CTC Al-Anon**

**Sunday, October 11**

**5:30 pm**

**Speakers 6:30 pm**

**Multipurpose Center  
141 NE Camano Dr.,  
Camano Island WA**

## Step 10

"Continued to take personal inventory and when we were wrong promptly admitted it."

## Tradition 10

"The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy."

### 1<sup>st</sup> Saturdays in 2026

### No Reservations

### Speakers Meeting

6:30 pm doors open

7 pm speakers start

17275 Reservation Road

La Connor, WA

**AA – Al-Anon**

**Contact Lora H.360-333-6371**

Listen to past events on YouTube at  
[www.youtube.com/@NoReservationsAA](http://www.youtube.com/@NoReservationsAA)

## Concept 10

"Service responsibility is balanced by carefully defined service authority and double-headed management is avoided."

ALATEEN Growing Through Alateen Service

When I moved to the South, I experienced culture shock. AI-Anon became my anchor. Attending meetings and going to the Thursday luncheons afterward is where I found my bearings and got the support I needed to adjust to a new place. Because I had already been an AI-Anon Member Involved in Alateen Service (AMIAS) for several years, I was nominated to be the Alateen Coordinator for our District. With 12 years in the program and having already worked my Steps, I embraced the role. Focusing on public outreach by making signs and distributing Alateen literature to our local libraries took my mind off problems and gave Higher Power a chance to attract teens to our meeting. Our Alateen group flourished. We went to conventions and conferences, and I had the privilege of watching Alateen members grow and thrive in recovery.

Challenges arose during my last year of service. I struggled with rotating out, faced personality conflicts, and did not understand the use of funds. After speaking to the Area Chair, I learned the proper procedures and made amends. The real lesson I learned was realizing that I had not fully applied the Traditions and Concepts to these issues. Studying them allowed me to shift my focus back to principles instead of personalities.

Though the beautiful Alateen meeting eventually closed, I gained valuable experience, strength, and hope. Today, I feel willing, and I hope to reopen the Alateen meeting with a renewed perspective. Thank you, AI-Anon and Alateen for showing me that service and serenity come from working the program. Melissa A. – South Carolina

(Reprinted with permission of AI-Anon Family Group Headquarters, Inc.)

Alateen is a part of the AI-Anon Family Groups’ fellowship for younger members whose lives have been affected by someone else’s drinking. Alateen is not a religious program and there are no fees or dues to belong to it.

District 28  
MOBILE APP

QR Code:



Save the Date

Gratitude Banquet

AA & AI-Anon

November 21st 2026

\$ Service Contribution Information \$

<https://al-anon.org/contributions/member/>

Speaker Meeting/Potluck

Rule 62 AA &  
ODAT AI-Anon

Friday, October 16

6:00 pm

Speakers 7:00 pm

Camano Lutheran Church  
850 Heichel Rd.  
Camano Island WA

Group Notices

Alpine speakers needed

9 am & 5:45 pm on 10/07/26  
and every 9 weeks thereafter  
Contact Don:  
magbuilders2004@hotmail.com  
425-330-3194

Other Links!

<https://district28alanon.com/>  
<https://wa-al-anon.org/>  
<https://al-anon.org/>

TUESDAYS

7:30 PM We Care Alateen  
Teens only  
Arlington AFG AI-Anon Meeting at  
same time  
(Rose room and Craft room)

The Stilly Valley Center  
18308 Smokey Point Blvd  
Arlington, WA

AI-Anon & Alateen  
360-618-0464

EVENTS  
2026 Fall Assembly